

Theory of Change Checklist

Use the following checklist to help you determine if the theory of change for your program/project has all needed components and is in alignment.

Element	Criteria	Status	Ideas for improvement
Community Need	Makes clear statement of the problem or	☐ Yes	
	issue the program will focus on	☐ No	
	2. Provides data/statistics to clearly document	☐ Yes	
	the problem	☐ No	
	From a reputable source	☐ Yes	
		☐ No	
	Current (provides explanation if not within	☐ Yes	
	past few years)	☐ No	
	Local (Relevant to the proposed service	☐ Yes	
	locations)	☐ No	
Intervention	3. Provides a clear description of the activities	☐ Yes	
	to be provided (who does what with whom)	☐ No	
	4. Clearly describes the service "dosage"	☐ Yes	
		☐ No	
	Frequency	☐ Yes	
		☐ No	
	Intensity	☐ Yes	
		☐ No	
	Duration	☐ Yes	
		☐ No	
	5. Intervention directly addresses the	☐ Yes	
	identified need	☐ No	
Evidence	6. Demonstrates high likelihood intervention	☐ Yes	
	can achieve intended outcome using	☐ No	
	relevant research or evaluation results from		
	own or similar programs or own		
	performance measurement results.		
Outcome	7. Change likely to occur based on proposed	☐ Yes	
	intervention	☐ No	
	8. Relates to community need	☐ Yes	
		☐ No	
	9. Is achievable within one year	☐ Yes	
		☐ No	
Overall	10. All elements (need – intervention –	☐ Yes	
	outcome) are in alignment.	☐ No	
	11. Clearly shows cause and effect relationship	☐ Yes	
		□ No	